



SHARED PLATES

SMOKED CHICKEN MAC N' CHEESE** Poblano / Portabella	(\$11) \$17 Half
SPINACH AND ARTICHOKE DIP** Spinach / Pita / Toast	(\$8) \$13
SMOKED SALMON HASH Peppers / Red Onion / Dill Gravy Fried Potatoes / Fried Egg	\$16
HOISIN RIBEYE SKEWERS Daikon Slaw	(\$12) \$18
CRAB CROQUETTES Red Pepper Remoulade	(\$10) \$17
FALL RATATOUILLE Squash / Apple / Goat Cheese / Basil / Ciabatta	\$10
SPICY PORK BELLY TACOS Daikon Slaw / Asian Glaze	\$14
IOWA MEDALLIONS* Bacon Wrapped Pork / Poblano Creamed Corn	\$19
WALLEYE FISH TACOS Pineapple Salsa / Avocado / Tomatoes / Sriracha Aioli	\$14
CHARRED BRUSSELS * Bacon / Red Onion / Apple Gastrique	\$14

SOUP & GARDEN

BUTTERNUT SQUASH AND CRAB BISQUE	\$6
GRILLED HEARTS OF ROMAINE** Caesar Vinaigrette / Roasted Tomatoes / Croutons / Parmesan / Black Pepper	\$10
QUINOA* Balsamic Vinaigrette / Roasted Beets / Goat Cheese / Kale / Walnuts	\$12
FRIED AVOCADO LOBSTER** Mixed Greens / Champagne Vinaigrette / Bacon / Tomatoes	\$14
WINTER MARKET* Mixed Greens / Apple / Cranberry / Blue Cheese / Citrus - Honey Vinaigrette / Candied Nuts	\$10

SALMON (4oz)	\$7
SHRIMP	\$6
CHICKEN	\$5

TEMPURA GREEN BEANS Green Goddess / Roasted Tomato	(\$9) \$13 Half
BEEF CARPACCIO** Arugula / Onions / Capers / Anchovy Vinaigrette / Balsamic	\$13
SEARED YELLOWFIN TUNA ** Sesame Seed / Eggroll Crisps/ Edamame / Wasabi Aioli / Unagi Sauce	\$17
ASIAN LETTUCE WRAP Turkey / Daikon Slaw / Peanut Sauce / Bibb Lettuce	\$15
SHRIMP SKEWER Risotto Arancini / Herbed Cream Sauce	\$14
SEARED SCALLOPS* Red Wine Poached Pear / Pancetta / Pistachio	\$14
ROCA SMOTHERED TOTS Tater Tots / Turkey Gravy / Turkey / Mushrooms / Curds / Fried Egg	\$16
DECONSTRUCTED NACHOS Ribeye / Cheese Sauce / Salsa / Jalapeno / Guacamole / Chimichurri / Pickled Red Onion	\$22

HANDCRAFTED
Originals

BIG PLATES

STUFFED CHOP* Prosciutto / Apple Caponata / Carrots / Mashed Potatoes	\$26
GRILLED SALMON* Quinoa / Kale / Lemon Buerre Blanc / Cranberry / Carrots	\$25
BEEF TENDERLOIN** Filet / Brandy Cream Sauce / Asparagus / Mashed Potatoes / Crispy Shallots	\$30
CHICKEN SALTIMBOCCA** Prosciutto / Sage / Linguine	\$24
SEARED SCALLOP RISOTTO* Winter Risotto	\$25
PASTA OF THE MOMENT Changes Daily!	

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THE CONSUMPTION OF UNDERCOOKED
SEAFOOD, EGGS, MEAT OR POULTRY
MAY INCREASE THE RISK OF FOOD
BOURNE ILLNESS.
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FLATBREADS

BEEF & BLUE Beef Tenderloin / Blue Cheese / Bacon / Balsamic Onions	\$16
BBQ SMOKED CHICKEN Cilantro / Jalapeno / Cheddar / Red Onion	\$14
GRAZIANO Sausage / Pepperoni / Giardiniera / Basil	\$16
SPINACH & ARTICHOKE Bacon / Scallions / Smoked Chicken	\$15
ROASTED VEGETABLE & GOAT CHEESE Red Pepper / Mushroom / Butternut Balsamic Onions / Arugula	\$14

BOARDS

W / House Pickles / Jam / Bread / Nuts

DAILY SELECTION OF FOUR CHEESES**	\$16
DAILY SELECTION OF CURED MEATS**	\$14
CHEESE & MEAT BOARD COMBINATION**	(\$16) \$26
HUMMUS TRIO** Spicy Red Pepper / Cilantro & Poblano / Traditional	\$12

SLIDERS

ROOT BEER BRAISED PORK Crispy Onions / Mayo Cranberry / Apple / Provolone / Arugula	\$15
CHICKEN PARMESAN Roasted Tomato Sauce / Mayo / Basil	\$14
JUICY ROCA Beef / Fontina / House Pickles / Lettuce / Onion / Mayo	\$14
CRAB CAKE Pineapple Salsa / Arugula / Sriracha Aioli	\$15
PORTOBELLA MUSHROOM Red Pepper / Balsamic Onion / Goat Cheese / Hummus / Arugula	\$13

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* GLUTEN FREE

** CAN BE MODIFIED TO BE GLUTEN FREE

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WE ARE HAPPY TO SUBSTITUTE ANY
PASTA WITH A GLUTEN FREE OPTION
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RōCA



208 COURT AVENUE | HISTORIC COURT AVENUE DISTRICT | DOWNTOWN DES MOINES
GRATUITY OF 20% WILL BE ADDED TO PARTIES OF 6 OR MORE